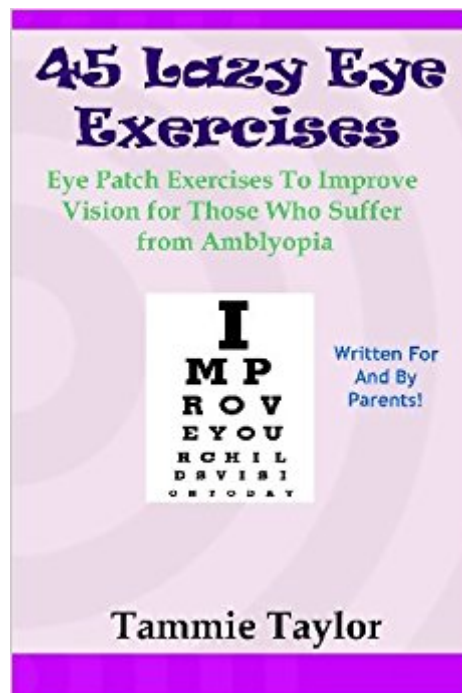




The book was found

45 Lazy Eye Exercises: Eye Patch Exercises To Improve Vision For Those Who Suffer From Amblyopia



Synopsis

This is a book that was written by parents for parents of children who suffer from "lazy eye", which is also known as amblyopia. This book provides near-sighted activities for parents that can be performed during eye patching. "45 Lazy Eye Exercises" provides a collection of activities and ideas that you can use to make patching time more effective and fun for your child.

Book Information

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Customer Reviews

Tammie Taylor is a published author and mother of two children, a son and a daughter. Her daughter was recently diagnosed with amblyopia. This created the inspiration to publish this book for other parents who also share this challenge. Through this book, she hopes to provide other parents information that can assist them when working with a child who is affected by a lazy eye condition.

When I first saw this book, I thought that it would actually have activities IN THE BOOK. The book is about ideas about what kinds of activities a child who has to wear the patch could do - ideas that my doctor already suggested and ideas I really didn't need to pay someone money to tell me. If you need ideas then purchase it. If you don't need ideas and suggestions for exercises, then save your money. I am mad because the 'preview' cleverly hides the real contents of the book - a very clever ploy to have you buy it before you can actually see what you are getting... and since I live overseas, there was no way that I could have returned it in any reasonable amount of time to get a refund. I felt like I was conned into buying a book that I never would have if I was given the opportunity to leaf through it. I appreciate that the author took the time to put ideas together, but the book should be

marketed as what it actually is - a collection of 45 IDEAS for lazy eye exercise.

We bought this book a few weeks ago and were a little disappointed after we read through it. The Title reads "45 Lazy Eye Exercises" but I feel that it would be correct to rename it "General Tips and every day games for your child while patching". The book list out 8 general tips on how to encourage patching and 45 coloring, drawing and other Games or actives while patching". I would not index or list out the tip and games as they are so simple and obvious that would be a total give away. That would be unfair to the author who has made the effort and taken the time to put some thoughts together. In short don't expect some medically explained exercise that can help your child but a list of every day games that you can do with your child while he/she patches.

The book is more of a list than a book as a previous review stated. It is basically just a little explanation of what amblyopia is and "tips" on patching (positive reinforcement, decorating patches, being patient and consistent, keep a journal, proper environment, and give rewards), both of which I am sure your doctor would have given you if your child has been diagnosed with the condition. The book then goes into the 45 "exercises". The exercises are just 45 ideas of children's games and activities such as Legos, board games, chores, homework, reading, and other things that most parents already do with their children or that children do on their own. On each page there is an activity with a paragraph or two below it explaining how to do the activity with your child. I have a two year old that has to be patched daily and as most parents know it is difficult to get a two year old boy to do anything they don't want to! I was really hoping this book was going to be able to give me some ideas for things I haven't thought of myself. I was disappointed after thumbing through the book and very quickly realized it was not going to provide any real help. A lot of the ideas are for children ages like 4 and up since most children under 4 don't color, read, or use scissors. My take away from this book is basically what I knew already: The best way that seems to work (with a smaller child at least) is through distraction. When it is time to patch, just make sure you have an activity that will keep little hands and minds working. If they are building or working on something that they are excited about or really enjoy then keeping them engaged in the chosen activity and keeping their mind off of the patch then it will be a little easier. So basically, just think of what your child really enjoys and then use that time/activity to do the patching. Sometimes it helps to break up the time into two or more periods of the day. In all honesty, this book is not going to provide you any more or better information than what I included in this review. I gave it a 2 star rating as opposed to a 1 star since the author was trying to help parents that are going through the same issue she has

dealt with and it does give a little information for people that do not have any prior knowledge of amblyopia. Bottom line, save your money and just play with your kid or help them do homework or learn something during patch time.

not what I thought it would be...vague about the "triangle" toy...recommends purchases of needed items...thought it would be self contained activities not about things I had to buy.

Like most parents, dealing with amblyopia was completely new experience for us. This book isn't the flashiest thing ever published, but it has some very practical advice about things we could do to help our daughter deal with it and strengthen her eye. I would definitely recommend it. While there is no quick fix, and this book doesn't claim to be one, it was nice to have little bit of a feeling of control over the situation. I'm glad someone took the time to put this book together.

I returned it. Nothing useful for young children and most of it is common sense. Not a good fit for me but maybe for someone with older children and who does not have experience with impaired children.

The activities in this book are wonderful but I could have just used the Internet and Googled "games to do for children with amblyopia."

My 6 year old grandson asks to read the book to search for fun activities which he knows will benefit him. There are many helpful exercises to choose from. Several exercises are already being done on a daily basis during the course of the day but it is nice to know that we are incorporating eye strengthening in our every day living without even realizing .

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